



**Road Running Technical Council  
USA Track & Field**

# *Measurement Certificate*



Name of the course Food Bank 5K - 2017 Distance 5 km  
 Location (state) Connecticut (city) Norwalk  
 Type of course: road race  calibration course  track   
 Measuring methods: bicycle  steel tape  electronic distance meter   
 Measured by (name, address, phone & e-mail) Guido Brothers Escort Service, 174 Plant St., New London  
CT 06320 860.437.7247, pvolkmar@snet.net  
 Race contact (name, address, phone & e-mail) JB Sports, 2 Buena Vista Rd., Branford, CT 06405  
203.481.5933  
 Date(s) when course measured: April 18, 2017  
 Number of measurements of entire course: 2 Course Configuration: Keyhole  
 Elevation (meters above sea level) Start 1.5 Finish 1.5 Highest 6 Lowest 1.5  
 Straight line distance between start & finish 0 meters Drop 0 m/km Separation 0 %  
 Type of surface: paved 100 % dirt \_\_\_\_\_ % gravel \_\_\_\_\_ % grass \_\_\_\_\_ % track 0 %  
 Effective date of certification: April 20, 2017 Certification code: CT17006JHP

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year* 2027

*Jane H. Parks*

**AS NATIONALLY CERTIFIED BY:**

Date: April 20, 2017

Jane H. Parks - USATF/RRTC Certifier  
973.349.0033 janehp3@gmail.com

# FOOD BANK 5K - 2017

3.106856-MI (5K)

NORWALK, CT

MEASURED ON: 4/18/2017 ALONG THE  
SHORTEST ROUTE WITHIN THE PAVED  
ROADS.

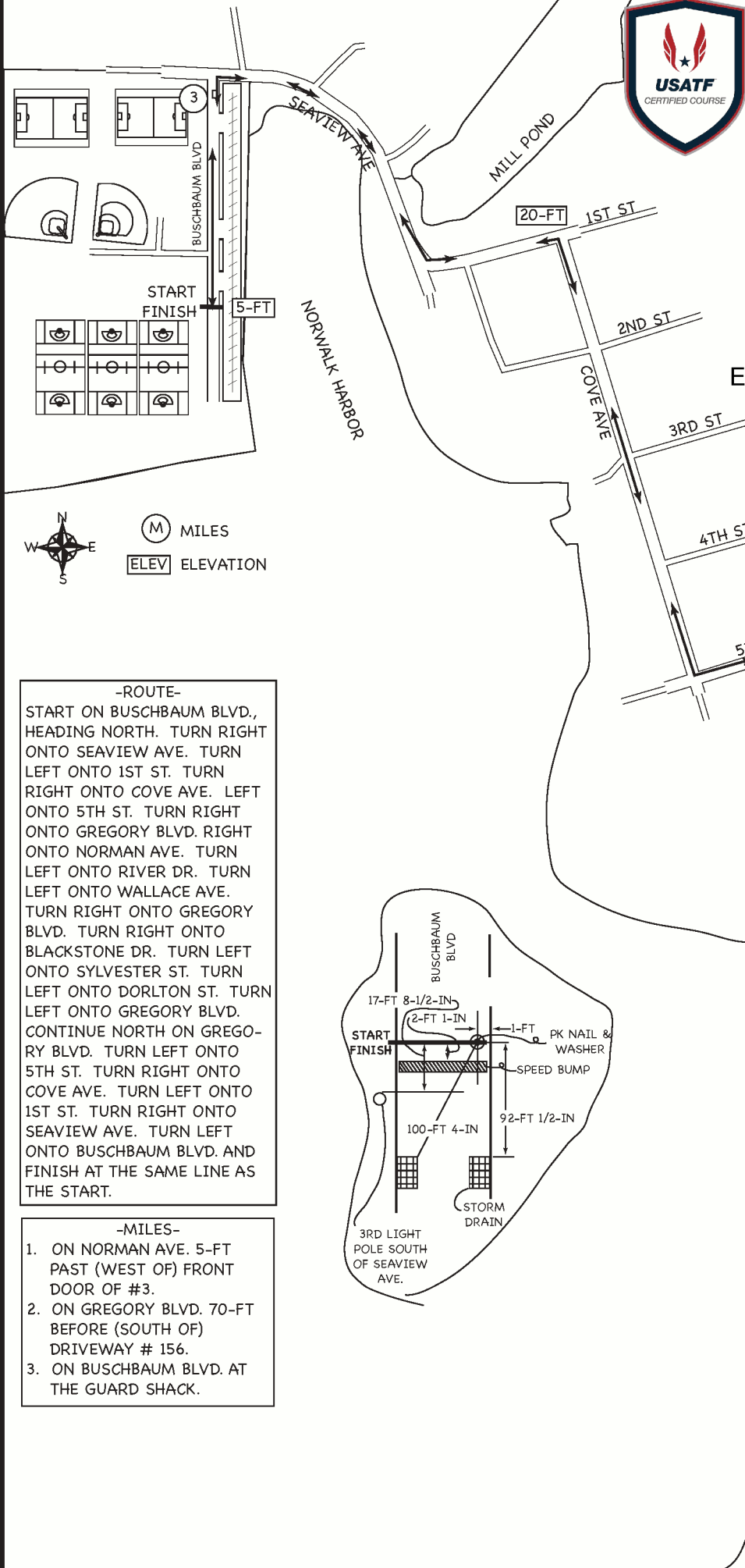
ELEVATIONS: START, FINISH AND LOWEST  
5-FT; HIGHEST 20-FT

START TO FINISH SEPARATION = 0-FT  
(COINCIDENT)

CALIBRATION COURSE = CT16002JHP  
MEASURED BY: GUIDO BROTHERS ESCORT SERVICE  
pvolkmar@snet.net

## CT17006JHP

Effective Apr 20, 2017 to Dec 31, 2027



### -ROUTE-

START ON BUSCHBAUM BLVD.,  
HEADING NORTH. TURN RIGHT  
ONTO SEAVIEW AVE. TURN  
LEFT ONTO 1ST ST. TURN  
RIGHT ONTO COVE AVE. LEFT  
ONTO 5TH ST. TURN RIGHT  
ONTO GREGORY BLVD. RIGHT  
ONTO NORMAN AVE. TURN  
LEFT ONTO RIVER DR. TURN  
LEFT ONTO WALLACE AVE.  
TURN RIGHT ONTO GREGORY  
BLVD. TURN RIGHT ONTO  
BLACKSTONE DR. TURN LEFT  
ONTO SYLVESTER ST. TURN  
LEFT ONTO DORLTON ST. TURN  
LEFT ONTO GREGORY BLVD.  
CONTINUE NORTH ON GREGO-  
RY BLVD. TURN LEFT ONTO  
5TH ST. TURN RIGHT ONTO  
COVE AVE. TURN LEFT ONTO  
1ST ST. TURN RIGHT ONTO  
SEAVIEW AVE. TURN LEFT  
ONTO BUSCHBAUM BLVD. AND  
FINISH AT THE SAME LINE AS  
THE START.

### -MILES-

1. ON NORMAN AVE. 5-FT  
PAST (WEST OF) FRONT  
DOOR OF #3.
2. ON GREGORY BLVD. 70-FT  
BEFORE (SOUTH OF)  
DRIVEWAY # 156.
3. ON BUSCHBAUM BLVD. AT  
THE GUARD SHACK.

