



Cheer for over 400 runners as they pass your home this Thursday Evening, August 16!

The Amber Room Run from the Sun 5K takes place this Thursday, August 16 at 6:30 p.m. The race benefits Ann's Place, which provides comfort and support to people living with cancer and their loved ones. Show your support by coming out and cheering for the runners. If you would like to run or walk, registration starts at the Amber Room Colonnade on 8/16 at 4:30 p.m. Call (203) 481-5933 with any questions.

DO

- Be aware that **during the race traffic on the course should be used only for emergency traffic.**
- Come out and cheer the runners on at the times listed below.
- Offer runners water.
- Make sure your pets are tied up or put inside during the race.

DO NOT

- Drive your car on the course during the race unless absolutely necessary.
- Park on the street.
- Follow the runners with your bike or rollerblades.

WHEN RUNNERS ARE COMING

Time of 1st Runner	Time of Last Runner	Intersection
6:30 p.m.	7:20 p.m.	Stacey & E. Pembroke
6:31 p.m.	7:18 p.m.	E. Pembroke & Mabel
6:32 p.m.	7:16 p.m.	E. Pembroke & Shoreview
6:33 p.m.	7:14 p.m.	E. Pembroke & Jeanette
6:35 p.m.	7:06 p.m.	E. Pembroke & Hayestown Heights/Albert
6:35 p.m.	7:05 p.m.	E. Pembroke & Connell
6:35 p.m.	7:05 p.m.	E. Pembroke & Reynolds
6:35 p.m.	7:04 p.m.	E. Pembroke & Rose
6:36 p.m.	7:03 p.m.	E. Pembroke & Poet's Landing
6:36 p.m.	7:02 p.m.	E. Pembroke & Wood
6:37 p.m.	6:59 p.m.	E. Pembroke & E. Hayestown Rd
6:38 p.m.	6:57 p.m.	E. Pembroke & Cedar
6:38 p.m.	6:55 p.m.	E. Pembroke & Boat launch

On-course traffic closes shortly before 6:30pm to insure a safe route for runners

Thank you in advance for your support!